

**BACHELOR OF ARTS  
SPORT AND FITNESS MAJOR**

**General Education Requirements .....56-57 Hours**

Required Common Courses: No Options

ENG 101 and ENG 102 .....	6 hours
COM 101 .....	3 hours
BUS 101 .....	2 hours
CHR 101 or CHR 102.....	3 hours
HIS 151 and HIS 152.....	6 hours
COL 102.....	1 hour

**Total Required Common Courses.....21 hours**

Common Courses with Options:

Arts and Letters.....	3 hours
ENG 200, 201, 202, 203, 204, 205, 206, 215	
Religion and Philosophy.....	3 hours
CHR 210	
PHI 101, 103, 105	
Mathematics.....	3-4 hours
MTH 101, 102, 104, 111, 204, 205	
Science (lab sciences) .....	12 hours
BIO 101, 202, 203	
Social and Behavioral Sciences .....	3 hours
GEO 201, HIS 202, 203, 205	
POL 210, 231, 290	
PSY 201; SOC 201	
Physical Education.....	2 hours
Any 100-level physical education course(s) or PE 204	
Fine Arts.....	3 hours
ART 200, 211, 212	
COM 201, 202, 203	
MUS 205, 206, 208, 209, 311, 312, MUS/CHR 354	
Foreign Language .....	6 hours

**Total Common Courses with Options..... 35-36 hours**

**Total General Education Courses .....57-58 Hours**

**Major Requirements.....43 Hours**

HEA 105 (3)	PE 206 (3)	PE 420 (3)
HEA 200 (3)	PE 309 (3)	PE 425 (3)
HEA 211 (2)	PE 310 (3)	PE 427 (3)
HEA 330 (3)	PE 315 (3)	PE 435 (3)
HEA 400 (2)	PE 325 (3)	PE 450 (3)

**Electives (or minor).....21 hours**

(At least 6 hours must be at the 300-level or above.)

**TOTAL HOURS REQUIRED: .....120-121 Hours**